

Bennett Polocrosse Racket Adjustments

To speed up the net in your racket, loosen the top adjusting knot and move it towards "A". Repeat on the other side of the net.

To slow down the net in your racket, loosen the top adjusting knot and move it towards "B". Repeat on the other side of the net.

Note: 95 percent of the time it is only necessary to adjust the 'top' adjusting point on each side. I recommend that the 'bottom' adjusting knots on each side be left alone unless otherwise advised.

Make sure that you retighten the knot in its original configuration once you have moved it either up or down the adjusting cord line.

Do not use nail polish or varnish to lock the adjusting knots.

